



The Intake

132d Fighter Wing, Des Moines, IA



COMMAND COMMENTARY

Picking Up Speed

By Col. Drew DeHaes

Commander, 132nd Fighter Wing

Wow, what a busy month it has been since last drill weekend. The Conversion Steering Committee (CSC) has been hard at work setting the frame work for us to bed down our new missions. This last week, we conducted the first interviews for our new RPA Squadron Commander and our Operational Support Squadron Commanders. We should be releasing the names of the selectees in the coming week. This job board kicks off numerous ones beginning in the next month or so. How is your resume looking? How about the AFCT scores? Talking about AFCT scores, I am receiving very positive feedback from the individuals who have participated in the Central Campus course designed to help improve your scores. CMSgt Hutcheson is the one coordinating he course, direct any questions his way.



Tuesday the 30th of April, we welcomed the Site Activation Task Force (SATAF) to the 132d FW. This team is visiting our base to help identify issues/tasks that must be accomplished to execute an orderly transition from flying F-16s to standing up our RPA and Intel Groups as well as our NWS. The team will cover things like construction, infrastructure requirements, F-16 and equipment transfers, training, personnel and everything in between. We will have a basewide brief on the 10th of May at 1400 in the DFAC by Lt Col Havener covering the big ticket items that the SATAF identified. Please try and attend if you can.

This Sunday of drill, we will spend time during the day on Wingman issues and the upcoming Critical Days of Summer. We will cover items like summer safety, suicide, resiliency and sexual assault. With the impending mission change, now more than ever, we need to keep an eye on our Wingman and ensure that everyone is Warrior Ready. Changing jobs and the way we have done business the last 72 years is a big deal and can be stressful. It can be a tough transition, but one that will pay big dividends in the long run. Don't be afraid to ask for a helping hand during our mission change. Everyone wants to help; all you have to do is ask!

I would like to close by saying Thank You to all wing members for your professionalism during this time of transition. I have talked with numerous outside agencies that have said how refreshing it is to work with professionals who are taking the bull by the horns and positively dealing with mission change. I once had a very wise person tell me that life is 10% of what happens to you and 90% how you deal with it. You are doing a great job!

CHAPLAIN'S CORNER

Keepers of the Range

By Chaplain Maj Gabriel Casciato

132nd Fighter Wing Chaplain

Catholic Mass – Saturday UTA @ 1500

Protestant Worship – Sunday UTA @ 1100



Get your cowboy hats out folks because there is a new holiday in town...well, not OUR town but there is a new holiday in Arizona. Arizona Governor Jan Brewer recently signed legislation creating the National Day of the Cowboy. "Many of the blessings enjoyed by Arizonans today are because of the contributions of our Keepers of the Range: The Arizona cowboy and cowgirl," Brewer said in a statement. "These men and women - of all races and backgrounds - are among the truest symbols of the American southwest."

This got me thinking, not so much about cowboys, but about honor. I found myself thinking about who we, as a culture honor. Honor is, unfortunately, a term that has gone out of style. It means to "respect or esteem". Who does our culture respect? Often we respect those who have lots of money and other material resources. We respect people who are successful in their fields. Obviously we respect and esteem successful musicians and athletes but I think this also extends to business as well as other fields. But are success and money really the best indicators of who is worthy of our respect and esteem? There are numerous examples of sports heroes, politicians, and other celebrities who were the top of their field precisely because they were DIS-honorable. They were unscrupulous or otherwise lacking in moral compass. For some of them, their integrity was the cost of their success.

I've been told that to get ahead sometimes you have to be willing to compromise your principles. I do not subscribe to this position. I would rather toil in obscurity my whole life and keep my integrity intact rather than to "gain the whole world and forfeit (my) soul." This is part of what "integrity first" means. But there is an ancient piece of wisdom that still holds true today. It says, "Whoever pursues righteousness and kindness will find life, righteousness, and honor."

I think that's why the ideal of the cowboy still holds such power. These were people who were rough and tough and ready to work hard. But they had a code of honor. They didn't cheat or lie. They protected others who were weaker than themselves. They are honored even today, because they pursued righteousness and kindness.

May that also be said of us. Instead of compromising to get ahead, how about we dust off that old word honor? How about we get intentional about our character; about pursuing righteousness and kindness? There are few real cowboys in our world today. And the country we serve is counting on us to be a new kind of ideal. Proficient warriors? Without a doubt. Courageous and self-sacrificing? Absolutely. And honorable. Because without that, we have nothing.

PROFESSIONAL OPPORTUNITIES



132FW Base Honor Guard is conducting UTA training Saturday, May 4, 1400-1600 in the Wing Classroom located in Building 100. Planned training includes: Sabers, Firing Party, and Colors. If anyone is interested in joining Base Honor Guard but isn't sure what it involves, Saturday will be a great opportunity to speak with current members and get your questions answered. Please talk to your supervisor about attending. POC for Base Honor Guard Training is MSgt Marc Ortiz 261-8585.



LEGAL BRIEFS

Drunk Driving & Drunk Boating

By Capt. Bret Lucas

132nd Fighter Wing Legal Office



Although it may not feel like it just yet, summer is upon us and the time for backyard barbeques and days on the boat is quickly approaching. Don't ruin your summer, or worse, by getting behind the wheel if you have had too much to drink. The penalties can run thousands of dollars and people's lives are endangered.

In Iowa, a person is considered to be operating while intoxicated (Car or Boat) if the person...

- Is under the influence of alcohol or other drug or a combination of such substances or...
- Has a blood, breath, or urine alcohol concentration of 0.08% or more or...
- Has any amount of a controlled substance present in his or her person, as measured in blood or urine.

Drunk Driving Penalties:

	Court Fines	Potential Jail Time	License Suspension or boat operation ban
1st Conviction	\$1,250	2 days - 1 year	6 months
2nd Conviction	\$1,875-6,250	7 days - 2 years	2 years
3rd Conviction	\$3,125-9,375	Minimum 30 days and up to 5 years in prison	6 years

*the "look-back" period for OWI's is 12 years for prior convictions

Additional Requirements: You must complete a substance abuse evaluation and treatment, if recommended, and, you must also attend and pass a course for drinking drivers.

Under Iowa state law, any licensed person operating a motor vehicle (car or boat) automatically gives his or her consent to an approved test (blood, breath, or urine) for the purposes of showing intoxication. Any driver refusing to take a chemical test is subject to license revocation for one to two years

As always, if you have questions or need advice, please schedule an appointment with the Base Legal Office at 261-8507

EQUAL OPPORTUNITY



With less than two weeks remaining, already over 56% of unit members and base employees have invested 20-30 minutes into their future by participating in the base-wide Unit Climate Assessment (UCA). Available 24/7 from personal or government computer systems at <https://www.deocs.net/user/login/login02.cfm>, this anonymous survey was compiled solely for our units' usage. Commanders have your "Access Code" to participate – don't miss out on this opportunity!

For questions, please contact your First Sergeants, Commanders or the Equal Opportunity office, 515-261-8619.

MENTAL HEALTH & WELLNESS

The Tale of Two Managers

By David N. Brown Ph.D., LMFT

Wing Director of Psychological Health



Sam and John were employed by the same company in similar management positions. Both were married with kids. Each experienced the same work demands. John was burdened with a great deal of stress; Sam was not.

John experienced frequent headaches and had difficulty sleeping. At work he would question the value of the projects he worked on and would complain, "This is the last straw. They keep changing things. It's just more pressure to deal with." His distress spilled over to home, causing him to be less responsive to his family.

Sam shared similar responsibilities, yet his work outlook and stress level were noticeably different. Regarding work changes, he said, "It's part of our business. I expect such challenges and am prepared for them. I also remind myself what a difference I make." Sam also discussed how when he got home, he quickly changed into his favorite pair of jeans. He said, "It may sound funny, but changing out of 'work clothes' and getting into jeans is more than just a change of clothes. Once in my 'home' clothes, I no longer feel like I am at work and can concentrate on my family."

So what's different about how the managers responded to stress? One appreciated the purpose of his work and felt challenged. One recognized he could minimize stress by focusing on what he had control over, such as changing into jeans. The other ignored the sense of purpose, made challenges a burden, and felt all events were outside his control. Moral of the story: We all need a purpose that provides passion and meaning. We need to perceive difficult situations as challenges to learn from. And, we have to recognize what is within our control and what is not.

For questions or assistance contact David Brown, Wing Director of Psychological Health at 515-306-8015 or david.brown.ctr@ang.af.mil.

Source: Brooks, R. & Goldstein, S. (2004). *The power of resilience: Achieving balance, confidence, and personal strength in your life*. New York, NY: McGraw-Hill.

WHAT'S FOR LUNCH?

Saturday 4 May	Sunday 5 May
Catered Meal by The Smokehouse	
Turkey, Ham or Roast Beef Sandwich	Turkey, Ham or Roast Beef Sandwich
Fruit	Assorted Chips
Granola Bar	Granola Bar
A beverage, sliced cheese and condiments will be included in each meal. Tomatoes are available upon request Non-AGR Enlisted meals are at no cost. Officer/AGR/Civilian meal cost is \$4.60.	

PROFESSIONAL DEVELOPMENT

Are you in need of a one on one about personal transition into the new mission? Do you know about the Enlisted PME Hot Topics/Suspenses for your professional development? Or maybe you just need a "Mentor". Either way, we are here to assist you in the 132d FW transition into the new mission and are available for one on one counsel to fit your personal needs. Chief Hutcheson and I are available as part of leadership in the transition team. Drop by to chat sometime or e-mail to set up an appointment. Our contacts numbers and information are listed below.

The 132d FW Satellite NCOA class is currently taking place in Des Moines once again, with 9 students scheduled to graduate at McGhee Tyson 26 June 2013. Our satellite ALS class will begin this weekend, starting 4 May 2013 with 12 Students that are scheduled to graduate at McGhee Tyson 26 June 2013 as well.

Calling for all SNCOA applications for FY14 which are due to the BETM by COB 5 May 2013. They must include all required documentation and be submitted in the exact format of the announcement to be considered. They are due to JFHQ that next week and there will not be time to fix application issues.

Fall Satellite NCOA applications are being accepted at this time with a suspense for a DSM 39 is COB 2 June 2013. We have to have a minimum of 8 students to hold the class which starts 27 August 2013. The class is held every Tues and Thurs evenings from 1700 – 2100 and graduation from McGhee Tyson is scheduled for 11 Dec 2013.

If you have any questions, please give a call or drop us an e-mail.

Chief Cochran,

timothy.cochran@ang.af.mil

515-261-8323

Chief Hutcheson

kevin.hutcheson@ang.af.mil

515-261-8305



SNAKE PIT LOUNGE NEWS

The Snake Pit Lounge is the social club arm of the Des Moines Air National Guard. It is formerly known as the 132FW Service Club. The purpose of this club is for the improvement, service and betterment of the Des Moines Air National Guard through the organized efforts of the members of this unit. All monies raised through patronage of the Snake Pit Lounge are used to help fund various projects and events held on the base, like the May 5K, children's Christmas Party, Technician Luncheon and the Super Bowl Party just to name a few. We would not be able to support these events without continued support of the club and we'd like to do more events. In the event you'd like to support the Snake Pit Lounge, and the Service Club, the hours of operation for the lounge are as follows.

Day	Open	Close
Thursday	5:30	7:30
Friday	4:30	9:30
Saturday (drills)	4:00	9:30



If there is a shift in the work week, the hours of operation will be shifted accordingly. When circumstances dictate and Friday is not the last work day of the week, the lounge will be opened at 4:30 on the last duty day of that week.

The Snake Pit Lounge is open to all members of the 132 FW, military or civilian, and their guests.

If you would like to schedule a special event or buy refreshments for a night, please e-mail or call Jeff VerSteegh (261-8355), or Rich LaRue (261-8671).

There will be an election for members to join the board of directors for the Snake Pit Lounge during lunch on Sunday, June 2nd. These new members will be expected to serve on the board from 2013-2015. If you are interested or know someone that is, please send their names to MSgt. Rich LaRue as soon as possible so that ballots can be created.

PEOPLE

Moving On

LTC	WEAVER, JOSEPH	MDG	6-May-13
MAJ	LIED, ALEKSANDER M	124 FS	1-Apr-13
1LT	BRANSON, ANDREW R	STU FT	15-Apr-13
MSGT	MINTON, DAVID L	MX	28-Apr-13
TSGT	MILLER, DAN A.	MX	17-May-13
SSGT	AXEEN, ROBERT A	CF	16-Apr-13
SSGT	HANSEN, BARRY W	MX	11-Apr-13
SSGT	HOFFMAN, SEAN T	AMS	17-Apr-13
SSGT	GILLAND, ANTHONY	MX	10-May-13
SSGT	WOLFF, DAVID A.	MX	12-Apr-13
SRA	BURKHART, JEREMY R	MX	6-Apr-13
SRA	EDWARDS, ASHLY R	SFS	30-Apr-13
A1C	HAMMER, ABIGAIL M.	STU FT	15-Apr-13
A1C	HUNDLEY, CHRISTOPHER	STU FT	15-Apr-13
A1C	VANDERPLOEG, DANIEL R	STU FT	16-Apr-13

Promotions

Anderson, Jared S.	Capt	24-Apr-13
Rausch, Renee G.	Capt	24-Apr-13
Sullivan, Anton R.	Capt	24-Apr-13
Lovell, Zita M.	E-8	1-May-13
Bingham, David S.	E-7	1-May-13
Kamp, Vernon E.	E-7	1-May-13
Nelms, Steven G.	E-7	1-May-13
Schwery, David J.	E-6	15-Apr-13
Williams, Bradley M.	E-5	1-May-13
Boyd, Joshua J.	E-4	15-Apr-13
Davis, Tyler J.	E-4	15-Apr-13
Garrow, Quinton J.	E-4	1-May-13
Grochala, Matthew J.	E-4	1-May-13
Haugen, Jamie K.	E-4	15-Apr-13
Johnson, Adam G.	E-4	15-Apr-13
Sherman, Jason B.	E-4	1-May-13
Stern, Matthew J.	E-4	15-Apr-13



Lieutenant Colonel
Joseph B. Weaver



Senior Master Sergeant
Mark A. Houseman

5K FUN ANYONE?

The Base Services Club is hosting a 5K on Base. (3.1 miles for those not in the know) With the current kick to the seat of the pants the 132nd has endured, members are in need of a little fun and pick me up! The goal is to start the race at 1500 on Saturday the 4th of May MUTA. Participation cost is estimated to be around \$20 which includes a shirt for the first 100 runners, snacks and refreshments after the race. This will be a unit members and families only event and not open to the public. Sign-ups will be accepted until 10 minutes prior to race start. We will begin collecting money at 1400 at the start line, by the drop down gates in front of BX/DTOC. Shirts and bibs can be picked up then. The finish will be in front of BLDG 100. Music, post-race snacks and refreshments donated by Hy-Vee, Anderson Erickson and Echo's cookie shop will be served in the green space in front of 100. Safety is planning to shut down incoming traffic from 1500-1600 and restricting outgoing.

Contact the Snake Pit Lounge at splounge132@gmail.com if you or a family member is interested in running or volunteering for this event. This cannot be a success without maximum base participation. Sign up today!

1st Annual 132Fighter Wing 5K and S Family Fun Run

SEND THEM AWAY WITH A 5K!



REMEMBER
BOSTON



May 4th
2013



Hosted by the Snake Pit Lounge

COMMUNITY ACTIVITIES

* Wing Family * Day



WHEN: SATURDAY, JUNE 1, 2013

8:00AM-3:00PM

WHERE: 132ND FW

3100 MCKINLEY AVE

DES MOINES, IA 50321



Airman & Families:

Please join us in the following activities scheduled for Family Day!

8:00-9:30: Breakfast-DFAC

9:30-11:30: Open Houses

11:30-1:00: BBQ Lunch

11:30-3:00: Family Fun & Games

Outside Bldg. 110

- Inflatable & Carnival Games
- Sumo Wrestling
- Face painting,
- Super Heroes
- Pictures with F16 & Fire Truck
- Kickball, Volleyball and more

* There is no cost; the event includes breakfast and lunch.

Drill will be from 0830-1500, 2 hours total admin for the day. Airman & Families are highly encouraged to carpool.

Uniform of the day is civilian attire unless airman will be performing military work (industrial areas). Parking on base will be limited and will be directed upon arrival.

Please feel free to bring your own lawn chairs for sitting and additional snacks/beverages.

For more information, please contact Shalee Torrence, Family Readiness Program Manager, at 515-261-8786. Please ensure you have a valid military ID to enter base.